

7. She shall conform to the instructions of the Medical Officer as to the treatment of patients, and as to all matters affecting the dietary and hygiene of the Hospital.

8. In all other matters she shall obey the Regulations of the Hospital and the lawful orders of the House Governor.

Would not the adoption and enforcement of these Rules by the English Local Government Board define the position of the Head Nurse or Lady Superintendent and make the working of the present Nursing Order more satisfactory?

Surely there is no need to emphasize the injustice of demanding evidence of definite training and knowledge from nurses and then placing them under untrained authority.

The appointment of female inspectors, the enforcement of a rule that the Matrons of all Workhouses should be definitely trained as Matrons, with additional training as nurses when their appointments are to Workhouses where there are no Superintendent Nurses, or where the appointments might be combined, would inevitably result in incalculable benefit to the nurses and the sick; but they should be supplementary, not in place of, a definite system of training and certification as suggested in the early part of this paper.

It would be useless to attempt to induce this Conference to express their approval and adherence to these schemes and suggestions by any personal persuasion. If you can be induced to support them it will only be by the unimpeachable evidence you must have of the absolute necessity for alteration in the existing conditions.

### Nurses Needed in Zanzibar.

WE draw attention to the letter which we publish in our correspondence columns from the Rev. Duncan Travers, the Secretary of the Universities Mission to Central Africa, in the hope that his appeal will meet with a response from some who have felt the force of Mrs. Hamilton King's wonderful lines:—

"Measure thy life by loss instead of gain,  
Not by the wine drunk, but the wine poured forth."

Amongst 53,000 nurses there must surely be some who are inspired with the desire to seek first; not their own comfort, advancement, and pecuniary advantage, but to place their skilled services at the disposal of those who so urgently need them, their sick fellow countrymen, as well as of the Africans who, by the pathos of their history, must always possess so strong an attraction for those who have an affinity with the oppressed. Those who make the venture say that the giving is not all on one side, that they gain more than they give, and that the late Poet Laureate words are true ones:—

"If I lose myself I save myself."

## Appointments.

### LADY SUPERINTENDENT.

MISS HELEN TODD has been appointed Lady Superintendent of the National Sanatorium for Consumption and Diseases of the Chest, Bournemouth. Miss Todd received her training at St. Bartholomew's Hospital, and has recently held the position of Assistant Matron of the Brentwood Poor Law Schools, where she has had charge of the infirmary. She also holds the certificate of the London Obstetrical Society.

MISS ELIZABETH VON STEIGLITZ has been appointed Lady Superintendent of the Victoria Nurses' Home, Godalming. Miss von Steiglitz was trained at Addenbrooke's Hospital, Cambridge, and subsequently held the positions of nurse at the New Hospital for Women, Euston Road, and Sister at the Sussex County Hospital, Brighton. She holds the certificate of the London Obstetrical Society.

### MATRON.

MISS S. J. DEEKES has been appointed Nurse-Matron of the Buckhurst-Hill Surgical and Medical Home. Miss Deekes received her training at the Seamen's Hospital, Greenwich, and has held the position of Charge Nurse at King's Lynn Hospital and of Head Nurse at the Scarborough Hospital and Dispensary.

### SISTER.

MISS MARY ANN TARLING has been appointed Sister at the Fulham Union Infirmary, Hammer-smith. Miss Tarling was trained at the New Infirmary, Birmingham, and has held the positions of Staff Nurse at the Brentford Infirmary, Isleworth, and Charge Nurse at the Portsea Island Infirmary.

MISS CHRISTINA A. YOUNG has been appointed Sister at the Cumberland Infirmary, Carlisle. She received her training at the Royal Infirmary, Bradford, and has held the post of Charge and Theatre Nurse at the Rochdale Infirmary, Lancashire.

### NIGHT SUPERINTENDENT.

MISS E. FIRTH has been appointed Night Superintendent at the Northern Hospital, Winchmore Hill, in which institution she has held the position of Charge Nurse for the last three years. Miss Firth received her training at the Mill Road Infirmary, Liverpool.

### CHARGE NURSE.

MISS MARY CASTELL has been appointed Charge Nurse at the South Shields Union Infirmary. Miss Castell was trained at the Mile End Infirmary, London, and has held the position of Staff Nurse in the same institution.

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